



An e-Bulletin of KDF May 2012

Caring for Patients - A Lifelong Journey

In the last 15 years, KDF has grown progressively as a charity, serving the needs of less fortunate Singaporeans, stricken with end-stage kidney failure. Since its inception in 1996, KDF has continued its commitment to provide high quality, low cost treatment to needy kidney patients.

At KDF, several subsidised programmes are offered to kidney patients who seek financial assistance in our community. The key programmes are Subsidised Dialysis Programme, Subsidised Medications Programme and the Portable Subsidy Programme. Mdm Malia Binte Jantan, a patient at KDF, is one of the many patients who enjoy financial assistance for her treatment.



Malia first discovered that she had kidney failure in 1995. Since then, going for dialysis treatments 3 times a week has become a part of her life. In 2002, Malia thought that her burden would be lessened after she went for a kidney transplant through a non-living unrelated donor. However, her hopes were dashed when the transplant failed and she was put back on dialysis.

Shortly after her failed transplant, Malia broke her leg and was not able to continue working to support her daily expenses as well as to pay for her hefty medical bills. With the help of KDF since 1997, Malia is able to receive the dialysis treatments three times a week under KDF's dialysis programme and is optimistic about her future.

To date, KDF has served 647 patients like Mdm Malia Binte Jantan. As at 31 March 2012, 56% of our patients paid \$200 or less per month out of their pockets for treatment fees, which could cost up to \$2000. In fact, up to 81% of our patients paid \$400 or less per month and 93% of our patients paid \$600 or less per month.



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KDF Patient Profile (As at 31 March 2012)	
No. of Patients:	Haemodialysis - 205 Peritoneal Dialysis - 54
Gender:	Male - 120 Female - 139
Race:	Chinese - 76% Malay - 18% Indian - 5% Others - 1%
Age:	18 - 30yrs: 2% 31 - 40yrs: 5% 41 - 50yrs: 17% 51 - 60yrs: 38% > 61yrs: 38%
93% pay less than \$600 for patient care that cost about \$2,000 monthly	



Before starting on the Subsidised Haemodialysis Programme or the Peritoneal Dialysis Programme, patients are placed on an orientation programme where they are educated on the treatment and dialysis processes that they will need to go through. Patients are also given the opportunity to learn how to manage their illness and treatment through educational seminars held every year. With the help of supportive donors and volunteers, KDF also organises patient outings and an annual patient party to help patients bond with their family members and have a healthy and active lifestyle to improve their overall well-being.



Special thanks go out to all our volunteer nephrologists from both the public and private sectors who have committed their time to taking care of our patients at our centres. Our deepest gratitude also goes out to donors like you who have been continuously supporting our cause over the years. With your continued support, KDF will be able to provide a better future for our patients and continue to fulfill our mission to provide holistic patient care and to support research that will lead to the prevention and cure of kidney and kidney-related diseases. Come and join us, show your support for Malia and others like her by clicking [here](#).

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